

Dear Parents and Carers,

2022/2023 was another exciting year for TCES East London, with numerous special activities and celebratory events including our annual Celebration Day, Graduation, and inter-school Football Tournament.

Pupils also took part in enrichment activities and interactive workshops such as 'iCAN', rapping, BMX biking, graffiti art and DJing.

Visits from external organisations like RISE365 (Inspired Futures) and the Sexual Health Clinic, as well as intimate events like the Family BBQ and Graduation Day, have supported our mission to create a holistic and supportive environment for our pupils and students.

Thank you for being an essential part of our school's success. Your supportive partnership makes all the difference.

We look forward to the start of another successful year in September.



Key dates:

- **Monday 4th September – INSET Day**
- **Tuesday 5th September – Pupil Induction Day**
- **Wednesday 6th September – Start of term for pupils**

School calendar can be found here:

TCES Celebration Day

TCES held its annual 'Celebration Day' at Lambourne End Centre, Tuesday 20th June. All schools and services participated in a series of team-building activities throughout the day.

It was eventful and competitive where our pupils demonstrated common themes of leadership, perseverance, communication, teamwork and building relationships. It was a great experience for



everyone to participate and support one another. It was a pleasure to see our pupils build and support each other. One of our TCES community values is that **'We never give up!'**. We always encourage our pupils to show positive attitudes and mindsets in what we do and when working together.

Our CEO and Proprietor, Thomas Keaney gave a



speech to honour our pupils and staff to highlight their achievements for the day. To celebrate our pupils, medals were presented to each individual and trophies for recognising their achievements.

Huge thanks to Lambourne End Centre for having us. Well done to everyone, as well as to Create in the Community for winning the 'Celebration Day 2023' title for the **'Overall Champions'** award.

It was a huge success, and we look forward to Celebration Day 2024!



TCES Football Tournament

TCES held its annual inter-school football tournament at Brentwood Centre, Wednesday 24th May. Teams from TCES North West London, TCES Create in the Community, and TCES East London competed in rounds, qualifying for the final. These annual competitions offer TCES pupils an opportunity to connect with their peers, build relationships, encourage leadership skills and work together in a competitive setting.

Encouraged by a vocal crowd, teams from TCES East London school and TCES North West London school contested tight finals in both age groups, with TCES North West London narrowly winning both, to take the trophies home.



To celebrate our pupils, medals were presented to each team member and individual trophies to the *'players of the matches'* in recognition of their participation and success in the competition.

It was a huge success, and we look forward to our next annual Football Tournament in 2024! Congratulations to all the teams, as well as to TCES North West London School for winning the overall competition.





Open Day – May 26th

On Friday 26th May, TCES East London School held an Open Day for prospective pupils and their families. Lots of fun activities were on display including baking cupcakes, art creations using play dough and playing musical instruments. We will be running more Open Days in the Autumn term.



The Garden Show – Hampton Court Palace and School Garden of the Year Award – July

Pupils have been working hard with [@apiculturalLdn](#) in their nature garden. The pupils designed and built a mini climate change and wildlife garden which they exhibited at the RHS Garden Festival at Hampton Court Palace, July 3rd.

"I felt like being a flower. I liked smelling the flowers and they looked good. I loved the activities, especially the flower printmaking (Hapa-Zome) because I got to take my picture home to show my mum." – *Pupil, Mandela Class*

The day of the visit was filled with the beauty and diversity of the flowers and the impressive exhibits of other participants. The pupils thoroughly enjoyed exploring the garden and the Floral Marquee. Also appeared on RHS Campaign for School Gardening website [here](#).



The school entered the Royal Horticultural Society's schools gardening program. It's a free scheme where they send regular updates about opportunities to involve your school in gardening. It's designed for schools with little to no gardening expertise in-house and they provide easy resources to tie into events like national compost week, sunflower growing challenges, international bee day etc.

Currently, we have seven class groups timetabled for gardening at least once a week. One of our pupils is focussing on the garden structure and furniture maintenance and construction projects.



Our Bug Barrel appeared on BBC Gardeners' World.

Watch here on BBC iPlayer (skip to 56:00).



ELS Celebration and Awards Day

The day was filled with a range of fun activities that engaged our pupils and created a positive and energetic atmosphere. Activities included a petting experience with animals by @shaebunnies, a bouncy castle, creating outfits with tissue paper (with prizes for the most creative), designing paper boats and testing



them on water, football and classroom activities e.g. board games. The engagement from pupils was fantastic and they enjoyed participating. Pupils were awarded certificates of recognition for their hard work and commitment during the academic year, as well as ice cream from a local ice cream truck.

Graduation Day

We celebrated our Year 11 pupils and sixth form students on Graduation Day, Wednesday 19th July. It was such an emotional day full of heartfelt messages, speeches from our CEO, Thomas Keaney, Executive Headteacher, Katrina Medley, staff and outstanding entertainment from our School Business Manager, Joanne Nyland-Fink.

The day couldn't have gone better, with speeches from parents who shared how proud they are of our graduates. It was emotional and inspiring to see

how our graduates have developed personally and academically.

All our graduates were presented with their certificates, awarded by Headteacher, Jeff Lastiotis. Following the ceremony, refreshments and food were served. To mark the occasion, photos and videos were taken to highlight the special moments of the day. We are extremely proud of our graduates, and we look forward to welcoming more in the next academic year.



Bushcraft and BMX Biking

We offer physical exercise activities for our pupils such as Bushcraft and BMX biking. This year we introduced several new areas to the curriculum as we continue to develop. This includes our pupils participating in bike mechanics, mountain biking in Epping Forest with bushcraft survival skills, and campfire cooking.



TCES East London Annual Family BBQ

We rounded off our last week of term hosting a Family BBQ at TCES East London School. It was a moment for our families, staff, and pupils to come together. Throughout the year we develop strong relationships between our school and families. This partnership produces a nurturing and encouraging environment for the students to thrive in their learning journey. Thank you to all the families who attended.



The Internet, Good or Bad?

A representative of the Brook Sexual Health Clinic visited to talk to us about contraception, relationships, and sexual health concerns. We found it informative,



engaging and gave our pupils a better understanding of the risks and side effects of protecting ourselves. One of the topics outlined was 'The Internet: Good or Bad'. Pupils are given the chance to discuss topics such as sharing explicit information online without consent, pornography, and how to find the right resources to navigate this information. Being well-informed about these topics can empower pupils to make responsible decisions and protect themselves from the potential risks of online exploitation.

A visit from RISE365

Gang prevention workshops can play a crucial role in educating young people about the potential risks and consequences associated with gang involvement while empowering them to make safer choices and avoid harmful situations. Over the term, we had two visits from RISE365. They help young people reach their full potential and empower them.

They presented a workshop based on 'Gang prevention'. It was a well-rounded session educating our pupils about how to protect themselves without harming others. Our pupils were engaged in the discussions around real-life scenarios. This allowed them to apply what they have learnt and think critically about the choices they might face in the future.



Family Council hosts their first Cross-Company Lunch

On Wednesday 12th July 2023, TCES held its first inaugural cross-company family council lunch, marking an important milestone for our organisation. Parents and carers from various schools and services came together to partake in a delightful 3-course lunch, providing them with an opportunity to reflect on their experiences with the family council over the past year. Events like these provide a valuable opportunity for parents and carers to connect, share their experiences, and contribute to the improvement of services and support within the organisation.

Our family council has created a strong network of support, allowing individuals to connect, share their challenges, and celebrate their successes together.

Parents and carers of all TCES pupils are welcome to join their school or service's Family Council, in which they can actively participate in all elements of their child's school life and connect with other parents/carers of complex ASC, SEND, or SEMH pupils. For more information [view here](#).

JOIN THE FAMILY COUNCIL

- **Get involved.**
- **Make a difference.**
- **Have a voice.**



Rugby Kicks Off

We are delighted to have our first rugby group of pupils. The group aims to increase fitness, motivation, socialisation, and teamwork. It will help them be emotionally resilient, help them to have strong mental well-being and encourage confidence. This develops the capability to



analyse and deduce general principles in life which can help boost their mental, social, and physical agility.



Our Newest Alumni Peer Mentor Volunteer Interview

On Monday 17th July, one of our pupils at East London, Leon, completed a presentation and interview at TCES Central Services.

Leon has been with TCES since 2016 and has developed into a smart and driven young man. As with all our children and young people, the path was never easy. However, Leon seized the opportunity to thrive and inspire other young people.

Leon conducted himself well during his presentation and interview. He answered questions based on the role he applied for. For each question, he responded to an exceptional level proving to us why he would make a great fit as a peer mentor.



Leon expressed his knowledge of dealing with conflict and stated that he wants to **“lead by**

example and be a good role model”.

Throughout Leon’s time at TCES, we have witnessed his growth and potential to meet the requirements of a peer mentor. He did an excellent job and impressed every one of our interviewers. Thomas Keaney, our CEO, congratulated Leon on all that he has accomplished.

“We are exceptionally proud of you (Leon) for all you have accomplished while working with us, and it has been a great honour and pleasure watching you grow into the smart, respectful and considerate man you are today.”

Thomas Keaney, CEO.

TCES THE COMPLETE
EDUCATION SOLUTION

CREATING UNIQUE JOURNEYS FOR LIFE AND LEARNING

www.tces.org.uk

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TCES is committed to safeguarding vulnerable children and young people and safeguarding is the responsibility of us all.



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