

Dear Parents and Carers:

As we reach the end of the Spring Term, it is my pleasure to reflect on the many highlights of the past few months. I'm very proud of the team here at TCES East London, I have never worked with such a committed group.

This year we have introduced several new areas to the curriculum as we continue to develop our offering. This includes two students participating in bike mechanics, six mountain biking in Epping Forest with bushcraft survival skills, and campfire cooking, and we also have a student in year 10 who is completing his construction award.



We have had great success this term with the majority of pupils passing their English Speaking Board assessments.

We are currently preparing for exam season and will be working especially hard to support our senior learners with their preparation.

The 'I CAN Project' was founded by Dwayne Patrick in 2015, for the purpose of empowering children with the belief they can accomplish anything they set their minds to.

"Our mission at I CAN PROJECT is to help children build confidence and self-esteem."

Dwayne Patrick ICAN Project Founder

Every Thursday Dwayne delivers a workshop designed to teach our pupils all about resilience. The sessions have been a great success and will be returning in the summer term. It is a self-development workshop designed to teach pupils how to be resilient and confident. Dwayne will deliver a 1:1 session for our pupils in smaller groups as a pose to being here one hour a week. To find out further about the 'I CAN Project' see the link here www.icanproject.co.uk/



Mr. Jeff Lastiotis, Headteacher

During the term some of our pupils have been working with the Police, participating in workshops around social media, discrimination and the law.

As we prepare our pupils for examinations, we offered support with their college applications. In this crucial time for our pupils, we are determined in supporting our pupil's educational journeys and careers.

Upcoming events:

- **TCES Annual Football competition - Wednesday 24th May**
- **TCES Celebration Day - Tuesday 20th June**
- **Exams for Year 11/12/13 - Starting 16th May**
- **Graduation for the Year 11's - 19th July**
- **INSET Day - 17th April**
- **Pupil Induction Day - 18th April**

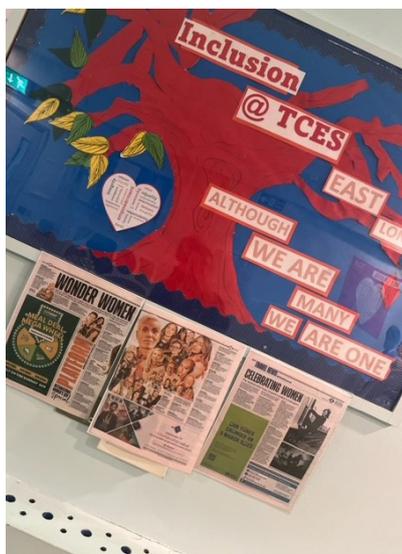
BANK HOLIDAYS:

1st, 8th and 29th May

Pupil Induction Day

On pupil induction day, each pupil and their parents/ carers will have the opportunity to meet with the team to discuss success reports, pupil progress reports and ensure all records are up to date.

I wish you all a fantastic Easter break and look forward to welcoming all our students and staff back for an exciting Summer term!



International Women's Day - March 8th

The pupils got their creative heads together and designed cards of appreciation for the special women in their lives including mums, grandmothers, aunties, teachers, dinner ladies etc. One of the pupils found an interesting story in a newspaper article and wanted this to be displayed, honouring and inspiring women across the world.

Pupil quote: "Woman and men should be equal, equal pay, equal rights as men and they should have the opportunity to decide whether or not they want to work."



Pancake Day - Feb 21st

The pupils thoroughly enjoyed celebrating Pancake Day on 21st February by cooking and decorating pancakes. Everyone was very proud of their pancakes and they tasted as good as they looked.



A quote from a pupil who had designed their own costume: *"It's not my favourite book. I don't have a favourite, however I just really like the character".*

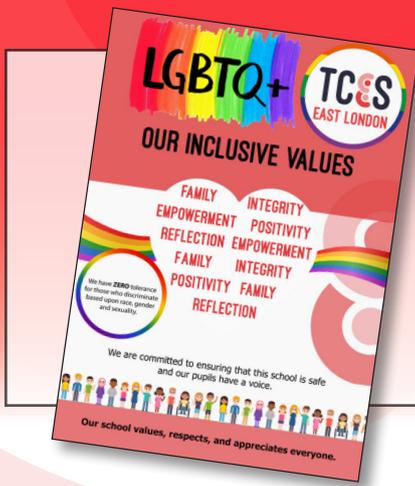
Book Title:
Five Nights at **Freddie's**.

There is also video footage of this pupil. Click photo to view.



World Book Day: (March 2nd), celebrated on 3rd March

Across the school we celebrated World Book Day on 3rd March. Pupils dressed up in either their favourite book character or pyjamas. The idea of the pupils wearing their pyjamas is an analogy that most pupils like to read whilst wearing pyjamas.



LGBTQ

We are an inclusive school, and we are committed to ensuring that this school is safe and fun. A place where everyone can be themselves, learn about each other, and embrace differences. To build awareness and show that although we have differences, we can unite as one big family, respecting and appreciating everyone. We designed this poster as a reminder of our inclusive values.

Mario's success story

Mario is a 6th form student who started his journey with TCES at the age of 15 as a year 10 pupil. Mario struggled with anxiety and low self-esteem, his level of co-morbid needs made him anxious and withdrawn from his peers. The one thing Mario truly enjoys doing is playing table tennis, he has a keen interest, is passionate and enthusiastic about his sport.

Mario took part in the Jack Petchey Awards last year and was given the option to either represent his club or TCES East London School. Mario is proud to be a student at East London School and chose to represent the school in the tournament.

Mario is a Level 2 trained peer mentor at East London School. Mario would like to resume to be a relationship mentor and work with younger students as a table tennis coach. Mario would like other young people to have the opportunity to engage in table tennis and be a part of this amazing sport. He has found that being a part of the team has helped him to develop his social skills and resilience.

He studies Sports Science at Newham College and is currently in his 2nd year of study. TCES East London is proud of Mario and wants to celebrate his success.



Celebrating English Speaking Board 70th Birthday & ELS

The English Speaking Board (ESB) provides opportunities for pupils which are accessible and achievable and great for pupil self-esteem.

ESB aims to support organisations where learners face disadvantages due to socio-economic factors, special educational needs or disability, or migration status. They support them financially to access assessments, support, and training.

"All the English-speaking board assessors I have worked with over the years have been very adaptable and encouraged our students to do their best, so they are able to achieve, Thank you."

- Anna-French Walker, Designated Safeguarding Lead, TCES East London School.



Pass rate results in 2022/23 -

East London has passed an ESB assessment

8 on 15.11.22

Speech to perform L1 G2 = 2

Speech for employability L1=1

Speech L1 G1 = 5

10 on 09.03.23

Speech to perform L1 G2- 4

Speech L1 G1 - 3

Entry level Communication through music - 2

Speech for Employability L1 - 1

07/03/2023

EL communication through Art = 2

Rugby kicks off

This term we have launched a school's rugby group, set up by Jode Gannon. The group's aim is to increase fitness, motivation, socialisation, and teamwork.

The pupils have shown great commitment to the sport so far and have been invited to world-renowned rugby school 'Mill Hill' for a day of rugby in preparation for upcoming fixtures against other schools next term.



Culture Week – 30th March

Our pupils celebrated and embraced culture creatively and expressed through decorating their classrooms from their selected countries, tasting a variety of different cuisines, and listening to music inspired by culture. It is part of our PSHE curriculum, understanding each other, which aligns with our inclusive values.



Wellbeing Day - 10th February

TCES East London school's therapists curated activities with the pupils for the wellbeing day that took place on 10th February 2023.

There were elements of sensory activities including 'Tug of War', which develops balance and core strength and scooter-boarding in the playground that also works the front and back core muscles, led by our Occupational Therapist, Mai Cooper. A self-esteem group session for self-awareness, emotional regulation, and further development of self-esteem. This was led by assistant therapist, Chante Sylvester.

Family council

'Genuine pupil, parent, and staff voice and participation' is a value that runs through our schools and services. We recognise that the empowerment of parents through real parental voice and engagement can be a very effective way to form a strong school community.

Parents and carers of all TCES pupils are welcome to join their school or service's Family Council, in which they can actively participate in all elements of their child's school life and connect with other parents/carers of complex ASC, SEND, or SEMH pupils.

JOIN THE FAMILY COUNCIL

- **Get involved.**
- **Make a difference.**
- **Have a voice.**

Find out more information [here](#)

TCES THE COMPLETE
EDUCATION SOLUTION

CREATING UNIQUE JOURNEYS FOR LIFE AND LEARNING

www.tces.org.uk

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TCES is committed to safeguarding vulnerable children and young people and safeguarding is the responsibility of us all.

