

BEREAVEMENT SUPPORT



THE TCES THERAPIES TEAM

As we are all painfully aware, the Covid-19 pandemic has taken many lives. The death toll in the UK surpassed 100,000 in January this year, and the global death toll is currently over 2,000,000 (as of 1 February 2021). The real picture is likely to be far worse due to the way data is collected and the significant loss of life due to the knock-on effect of the pandemic, such as people not accessing health care, mental health related deaths and domestic violence, to name a few.

Due to the sad reality of the Covid-19 pandemic, it is likely that we will be faced with a new set of challenges relating to trauma and bereavement in both our young people, their families and our staff.

In preparation for this, the Therapies team has been working hard to support pupils, their families and staff. All therapists across the organisation have completed training on bereavement support. They are also able to show them the right places to go for specialist support.

For those not comfortable speaking with a member of the team in their school, they can either arrange to speak with a therapist from another location or simply be directed to specialist support.

Please do not hesitate to contact us if you need anything: therapists@tces.org.uk

Here is a list of bereavement support sites which you may find useful going forward:

Winston's Wish: www.winstonswish.org

The Loss Foundation: www.thelossfoundation.org

The Good Grief Trust: www.thegoodgrieftrust.org

Mind: www.mind.org.uk/information-support/guides-to-support-and-services/bereavement/about-bereavement

Cruse: www.cruse.org.uk

Child Bereavement UK: www.directory.childbereavementuk.org

Together UK: www.together-uk.org/southwark-wellbeing-hub/the-directory/hub-category/bereavement

Anna Freud: www.annafreud.org/schools-and-colleges/resources/managing-unexpected-endings-and-transitions